

Apple and Egg White Soft Bites

Printable recipe guide

Ingredients and step-by-step preparation in one easy guide

INGREDIENTS

- 1 cup unsweetened applesauce
- 2 large egg whites
- 1 cup rice flour
- 1/4 cup water

STEP-BY-STEP PREPARATION

- 1 Preheat the oven to 350°F (175°C).
- 2 In a mixing bowl, combine the unsweetened applesauce and egg whites until well blended.
- 3 Gradually add the rice flour, mixing until a dough forms.
- 4 Roll the dough out to about 1/4 inch thick on a lightly floured surface.
- 5 Cut into small bite-sized pieces using a cookie cutter or knife.
- 6 Place the pieces on a baking sheet lined with parchment paper.
- 7 Bake in the preheated oven for 20-25 minutes, or until the edges are lightly golden.
- 8 Allow to cool completely before serving.

NUTRITIONAL AND SUPPLEMENT REVIEW

No laboratory-verified nutrient analysis is provided.
Supplement topics: No supplement recommendation is provided.. Ask your veterinarian to select any products and exact amounts.

SAFETY CHECK

Check every ingredient and product label. Do not use onion, garlic, chives, leeks, xylitol, grapes, raisins, chocolate, macadamia nuts or added seasoning. Verify the final portion with your veterinarian before feeding. If accidental ingestion is suspected, contact a veterinarian or animal poison-control service.