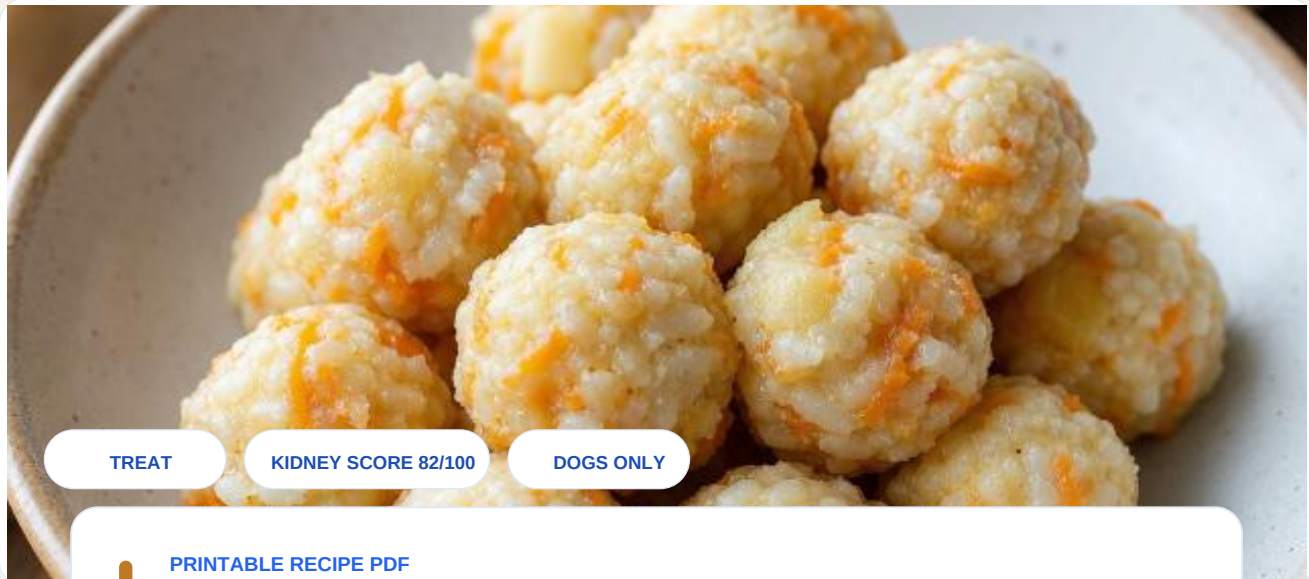




TREAT

KIDNEY SCORE 82/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Apple and White Rice Mini Bites

Apple and White Rice Mini Bites is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list,

TYPE

Treat

COOK

30 minutes

PHOSPHORUS

0.12% estimate

SCORE

82/100

SHOPPING LIST

Ingredients

- 1 cup cooked white rice
- 1/2 cup unsweetened applesauce (ensure no added sugar or toxic ingredients)
- 1/4 cup shredded carrot (optional, for added fiber)
- 1 egg (can be omitted if there are egg allergies)
- 1 tablespoon fish oil (omega-3 source)

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Apple and White Rice Mini Bites is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and supplements with

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

Cook the white rice according to package instructions until soft. This gentle cooking helps make the rice easier to digest and lowers phosphorus absorption, which is vital for your dog's kidney health.

2

In a large mixing bowl, combine the cooked rice with the applesauce. The applesauce provides flavor and moisture, making the bites more palatable, which is especially important for a dog with a decreased appetite.

3

If using, add the shredded carrot for extra fiber and vitamins, which can support overall health. Always ensure the carrot is finely shredded to avoid choking hazards.

4

Crack the egg into the mixture. The egg adds high-quality protein, essential for maintaining muscle mass in dogs with kidney disease. If your dog has an egg allergy, you can omit it.

5

Drizzle in the fish oil and mix thoroughly. Omega-3 fatty acids from fish oil have anti-inflammatory properties and can help support kidney function.

6

Preheat the oven to 350°F (175°C). This moderate temperature is gentle on the nutrients and allows for even cooking.

7

Spoon the mixture into small mounds on a parchment-lined baking sheet, shaping them into bite-sized pieces. This portioning helps ensure your dog receives the right amount of nutrients without overloading his kidneys.

8

Bake in the preheated oven for about 15-20 minutes or until the mini bites are firm and slightly golden. Baking helps remove excess moisture, creating a texture that is easier for your dog to chew and digest.

9

Allow the mini bites to cool completely before serving. Cooling prevents burns and helps the treats hold together.

KEY NUTRIENT ESTIMATES

Phosphorus

0.12% estimate

Sodium

0.05% estimate

Protein

13% estimate

Kidney-Friendly Score

82/100**SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN**

- Calcium source (consider discussing with your vet)
- Omega-3/fish oil
- B-complex vitamins

VETERINARY SAFETY NOTE

Confirm with your veterinarian, preferably a board-certified veterinary nutritionist DACVN, before feeding these treats. Transition to new foods gradually and monitor your dog for any changes in appetite or digestion.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AIKidneyDogDiet.com