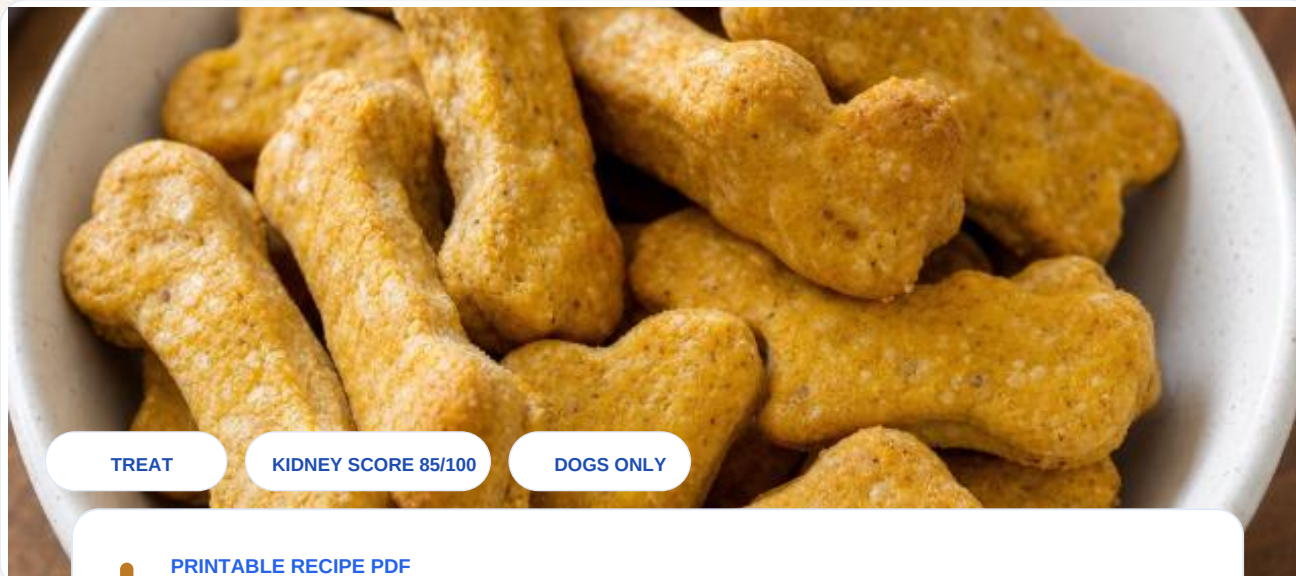




TREAT

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Butternut Squash and Rice Flour Treats

Butternut Squash and Rice Flour Treats is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list,

TYPE

Treat

COOK

30 minutes

PHOSPHORUS

0.1% estimated

SCORE

85/100

SHOPPING LIST

Ingredients

- 1 cup cooked butternut squash, mashed
- 1 cup rice flour
- 1 egg
- 1 tablespoon flaxseed meal (optional for omega-3)

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Butternut Squash and Rice Flour Treats is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

Preheat your oven to 350°F (175°C). This step ensures that your treats bake evenly and helps to lock in flavors while also providing a gentle cooking method that is easier on your dog's kidneys.

2

In a mixing bowl, combine the mashed butternut squash and egg. Mix well until fully combined. Butternut squash is a great source of vitamins and is low in phosphorus, making it kidney-friendly. The egg adds a moderate amount of high-quality protein.

3

Gradually add the rice flour to the squash and egg mixture. Stir until a dough forms. Rice flour is low in phosphorus and serves as a safe alternative to wheat flour, which is beneficial for a dog with kidney concerns.

4

If using, add the flaxseed meal to the dough. This ingredient is high in omega-3 fatty acids, which can help support kidney health and reduce inflammation.

5

Roll out the dough on a lightly floured surface to about 1/4 inch thick. Then, use cookie cutters to cut out shapes or simply slice into squares. Rolling out the dough helps achieve consistent thickness for even baking.

6

Place the cutouts on a baking sheet lined with parchment paper. This prevents the treats from sticking and makes cleanup easier.

7

Bake for about 20 minutes or until the edges are lightly golden. Baking the treats helps to make them crunchy and palatable for your dog while ensuring they retain nutrients.

8

Once baked, allow the treats to cool completely before offering them to your dog. Cooling them down makes them safe to eat and enhances their flavor.

KEY NUTRIENT ESTIMATES

Phosphorus

0.1% estimated

Sodium

0.02% estimated

Protein

3.0% estimated

Kidney-Friendly Score

85/100**SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN**

- omega-3 fish oil
- B-complex vitamins

VETERINARY SAFETY NOTE

Please confirm with your vet before feeding these treats to your dog. Ensure to transition gradually to avoid digestive upset, and monitor for any adverse reactions.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AIKidneyDogDiet.com