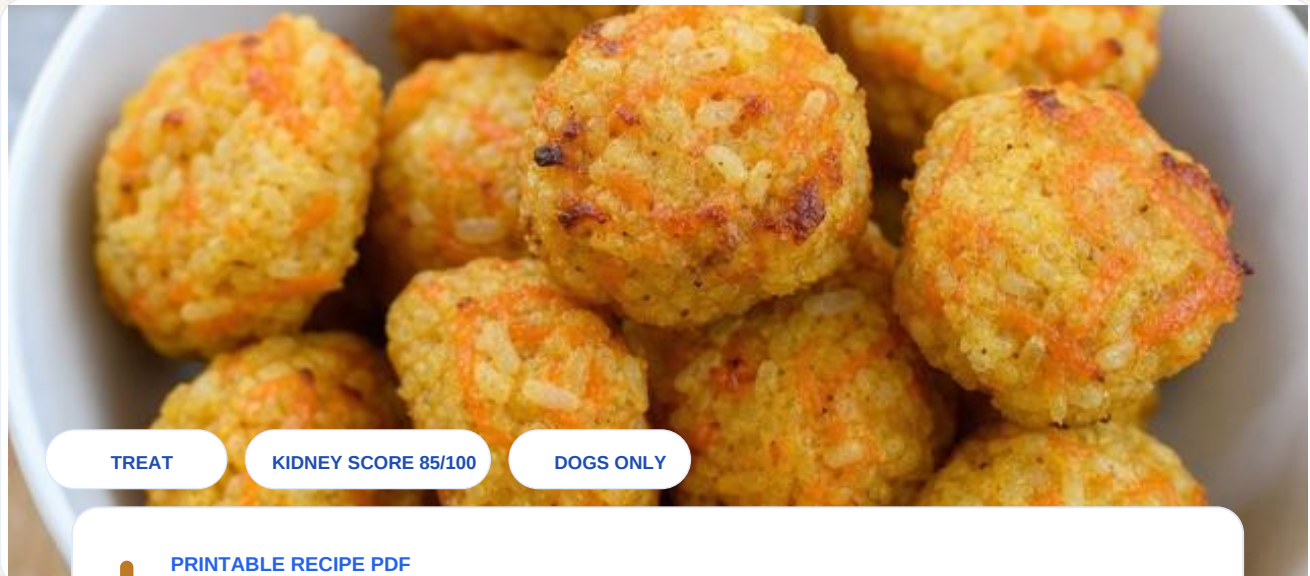




TREAT

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Carrot and Apple Mini Rice Treats

Carrot and Apple Mini Rice Treats is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list,

TYPE

Treat

COOK

30 minutes

PHOSPHORUS

0.10% (estimated)

SCORE

85/100

SHOPPING LIST

Ingredients

- 1 cup cooked white rice
- 1/2 cup grated carrots
- 1/2 cup unsweetened applesauce
- 1 egg
- 1 tablespoon olive oil
- 1/4 cup oat flour

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Carrot and Apple Mini Rice Treats is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and supplements with

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

Preheat your oven to 350°F (175°C). This step is important as it ensures that your treats bake evenly and helps to maintain the nutrients in the ingredients, especially since we're cooking for kidney health.

2

In a large mixing bowl, combine the cooked white rice, grated carrots, unsweetened applesauce, egg, and olive oil. Mix well until all ingredients are evenly incorporated. Using cooked rice is a great choice because it's gentle on the kidneys and a good source of easily digestible carbohydrates.

3

Gradually add the oat flour to the mixture, stirring until it forms a dough-like consistency. Oat flour is a safe option for dogs with kidney issues and helps bind the ingredients together, creating a treat that can be easily shaped.

4

Line a baking sheet with parchment paper. This will prevent the treats from sticking and make cleanup easier.

5

Using a small spoon or cookie scoop, portion out bite-sized pieces of the dough onto the prepared baking sheet. Keeping the treats small is essential for portion control, especially for a dog with chronic kidney disease, as it helps manage phosphorus intake.

6

Bake in the preheated oven for about 15-20 minutes or until the treats are firm and lightly golden. Baking at a moderate temperature helps preserve the nutritional quality of the ingredients.

7

Once done, remove from the oven and allow to cool completely before serving. Cooling allows the treats to firm up, making them easier to handle and store.

KEY NUTRIENT ESTIMATES

Phosphorus

0.10% (estimated)

Sodium

0.02% (estimated)

Protein

2.5g (estimated)

Kidney-Friendly Score

85/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- omega-3 fatty acids (fish oil)
- B-complex vitamins
- calcium source

VETERINARY SAFETY NOTE

Always confirm with your veterinarian, ideally a board-certified veterinary nutritionist DACVN, before feeding new treats. Gradually transition to new foods and monitor your dog's response.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AI**KidneyDogDiet.com**