

Chicken Apple Harvest Rice

Printable recipe guide

Ingredients and step-by-step preparation in one easy

INGREDIENTS

- 1 cup brown rice
- 1 1/2 cups water
- 1 cup cooked, shredded chicken breast (no skin or bones)
- 1/2 cup peeled and diced apple (such as Fuji or Gala, no seeds)
- 1/4 cup cooked carrots, finely chopped

STEP-BY-STEP PREPARATION

- 1 Rinse the brown rice under cold water until the water runs clear.
- 2 In a pot, combine the rinsed rice and water.
- 3 While the rice is cooking, prepare the chicken if not already cooked.
- 4 Peel and dice the apple, ensuring all seeds are removed.
- 5 Once the rice is cooked, fluff it with a fork and mix in the shredded chicken, diced apple, and chopped carrots until well combined.
- 6 Allow the mixture to cool before serving.

NUTRITIONAL AND SUPPLEMENT REVIEW

No laboratory-verified nutrient analysis is provided. Supplement topics: calcium source; omega-3 fatty acids; vitamin E supplementation. Ask your veterinarian to select any products and exact amounts.

SAFETY CHECK

Check every ingredient and product label. Do not use onion, garlic, chives, leeks, xylitol, grapes, raisins, chocolate, macadamia nuts or added seasoning. Verify the final portion with your veterinarian before feeding. If accidental ingestion is suspected, contact a veterinarian or animal poison-control service.