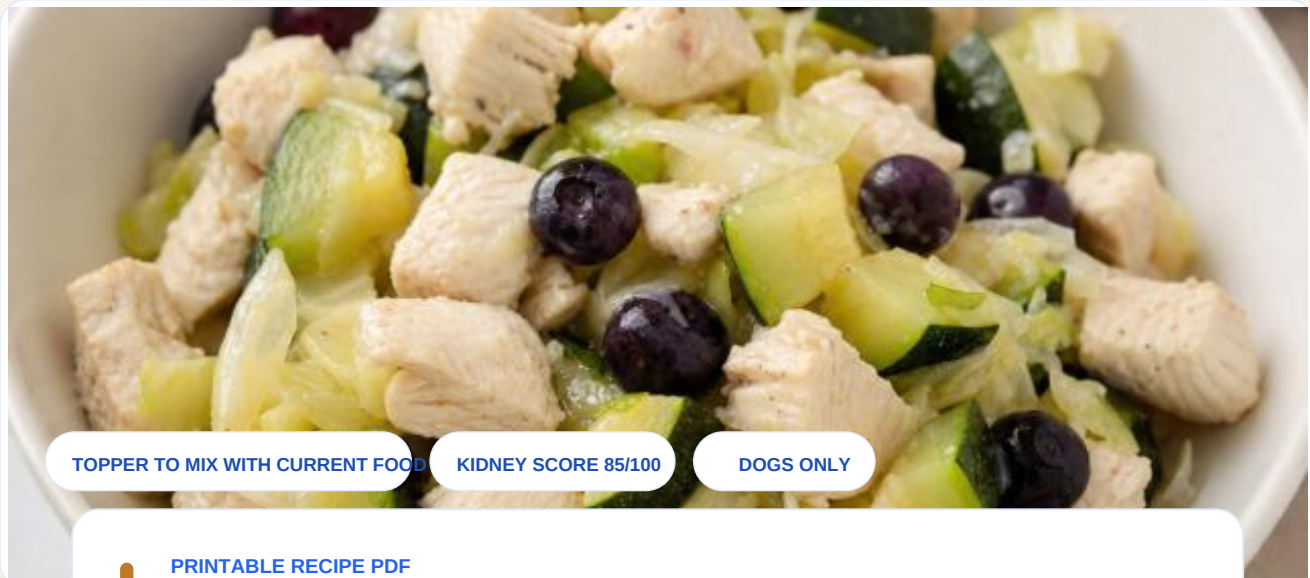




TOPPER TO MIX WITH CURRENT FOOD

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Chicken with Cabbage, Zucchini, and Blueberries Topper

Chicken with Cabbage, Zucchini, and Blueberries Topper is a homemade Topper To Mix With Current Food idea for dogs needing kidney-conscious meal planning. This

TYPE

Topper To Mix With
Current...

COOK

30 minutes

PHOSPHORUS

0.15% estimate

SCORE

85/100

SHOPPING LIST

Ingredients

- 1 lb boneless, skinless chicken breast
- 1 cup cabbage, chopped
- 1 cup zucchini, diced
- 1/2 cup blueberries, fresh or frozen
- 1 tablespoon olive oil (optional, for added calories)

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Chicken with Cabbage, Zucchini, and Blueberries Topper is a homemade Topper To Mix With Current Food idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates;

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

1. Begin by gently steaming the chopped cabbage and diced zucchini for about 5-7 minutes until tender. This cooking method helps retain nutrients and makes the vegetables easier to digest for your dog. Steaming also helps reduce phosphorus content, making it safer for his kidneys.

2

2. While the vegetables are steaming, cut the chicken breast into small, bite-sized pieces to ensure even cooking. Slicing the chicken into smaller pieces helps it cook thoroughly and makes it easier for your dog to eat.

3

3. In a non-stick skillet over medium heat, add the chicken pieces. Cook for about 10-15 minutes, stirring occasionally, until the chicken is fully cooked and no longer pink inside. Cooking the chicken thoroughly is essential to eliminate any harmful bacteria, ensuring your dog's meal is safe and healthy.

4

4. Once the chicken is cooked, add the steamed cabbage and zucchini to the skillet. Stir the mixture together and cook for an additional 2-3 minutes to combine the flavors and ensure everything is heated through. This step allows your dog to enjoy a variety of textures and tastes in his meal.

5

5. Finally, gently fold in the blueberries, allowing them to warm slightly. Blueberries are packed with antioxidants and add a sweet taste that can improve the palatability of the topper for your dog.

6

6. Remove the skillet from the heat and let the mixture cool completely before serving. Always allow food to cool to prevent burns and to make it safer for your dog to eat.

KEY NUTRIENT ESTIMATES

Phosphorus

0.15% estimate

Sodium

0.05% estimate

Protein

20% estimate

Kidney-Friendly Score

85/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- Omega-3 fatty acids (fish oil)
- B-complex vitamins
- Calcium source (if needed)

VETERINARY SAFETY NOTE

Always confirm new recipes with your veterinarian, especially a board-certified veterinary nutritionist DACVN, as homemade meals usually aren't nutritionally complete. Transition gradually to prevent gastrointestinal upset and monitor your dog for any adverse reactions.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AIKidneyDogDiet.com