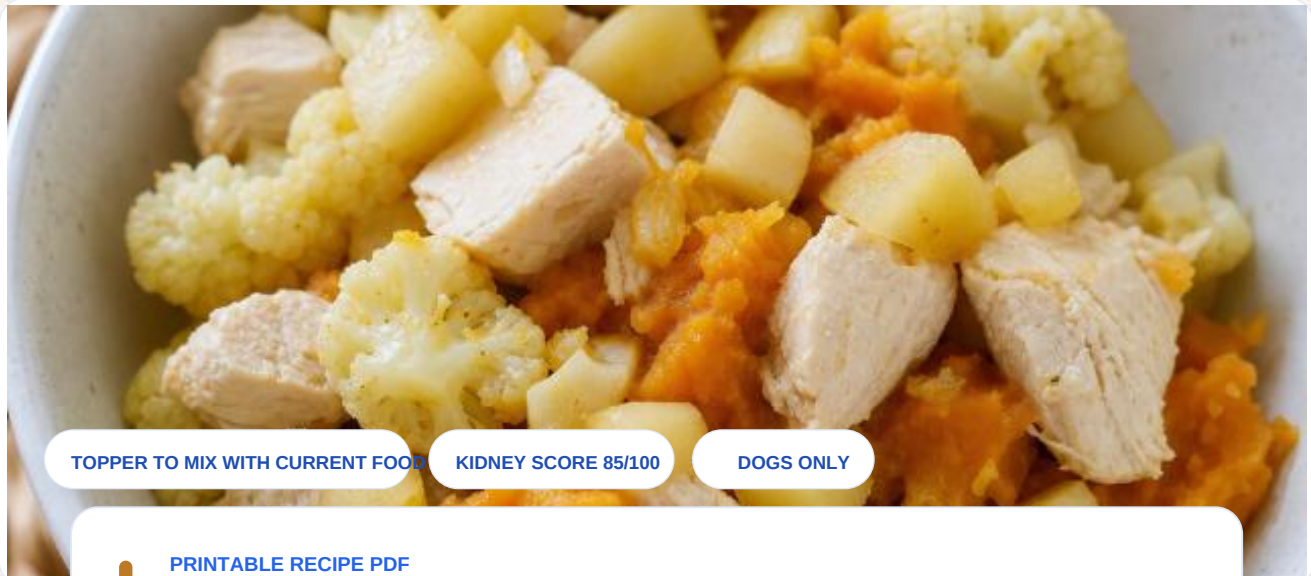




TOPPER TO MIX WITH CURRENT FOOD

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Chicken with Pumpkin, Cauliflower, and Pear Topper

Chicken with Pumpkin, Cauliflower, and Pear Topper is a homemade Topper To Mix With Current Food idea for dogs needing kidney-conscious meal planning. This printable

TYPE

Topper To Mix With Current...

COOK

30 minutes

PHOSPHORUS

approx. 150 mg

SCORE

85/100

SHOPPING LIST

Ingredients

- 1 cup boneless, skinless chicken breast
- 1/2 cup canned pumpkin (unsweetened)
- 1 cup cauliflower florets
- 1 small pear (peeled, cored, and diced)
- 1 tablespoon olive oil (optional)

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Chicken with Pumpkin, Cauliflower, and Pear Topper is a homemade Topper To Mix With Current Food idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

1. Prepare the chicken. Cut the boneless, skinless chicken breast into small pieces. This ensures it cooks evenly and is easy for your dog to eat, which is especially important for his kidney health.

2

2. Cook the chicken. In a non-stick skillet, add the chicken over medium heat. Cook for about 10-15 minutes until fully cooked (internal temperature of 165°F). Cooking the chicken thoroughly helps prevent any bacterial contamination, ensuring safety for your dog.

3

3. Add cauliflower. While the chicken is cooking, steam the cauliflower florets until they are soft (about 5-7 minutes). Softening the cauliflower makes it easier for your dog to digest and helps reduce its phosphorus content, which is important for his kidney health.

4

4. Combine vegetables. Once the cauliflower is cooked, chop it finely and mix it with the cooked chicken in the skillet. The combination provides a good texture and is palatable for your dog while keeping the nutrients beneficial.

5

5. Stir in pumpkin and pear. Add the canned pumpkin and diced pear to the chicken and cauliflower mixture. Stir well to combine everything. Pumpkin is a great source of fiber, which is gentle on the kidneys, and pear adds some natural sweetness and hydration.

6

6. Optional: Add olive oil. If you choose, drizzle the olive oil into the mixture and stir. This provides a source of healthy fats and omega-3 fatty acids that can support kidney function.

7

7. Cool and serve. Allow the mixture to cool to room temperature before serving it as a topper on your dog's regular food. Transitioning to new foods gradually helps prevent stomach upset.

KEY NUTRIENT ESTIMATES

Phosphorus

approx. 150 mg

Sodium

approx. 25 mg

Protein

approx. 25 g

Kidney-Friendly Score

85/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- omega-3/fish oil
- B-complex vitamins
- calcium source

VETERINARY SAFETY NOTE

This recipe is not nutritionally complete on its own. Always confirm with your veterinarian or a board-certified veterinary nutritionist DACVN before feeding, transition gradually, and monitor your dog for any changes.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AIKidneyDogDiet.com