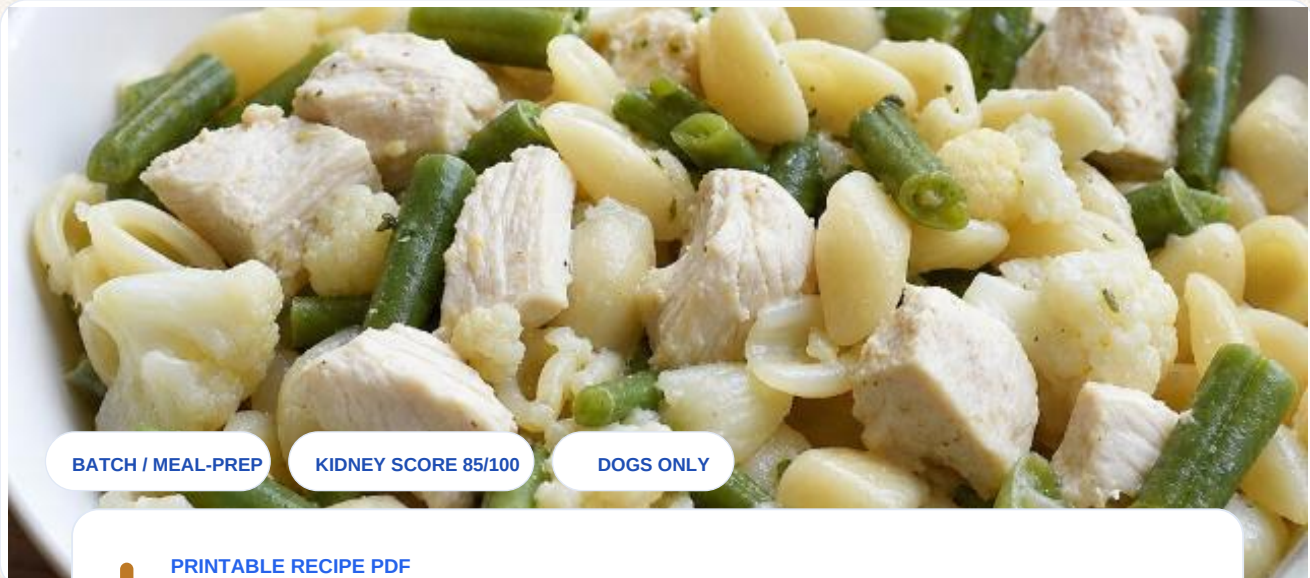




BATCH / MEAL-PREP

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

## Chicken with White Pasta, Cauliflower, and Green Beans

Chicken with White Pasta, Cauliflower, and Green Beans is a homemade Batch / Meal-prep idea for dogs needing kidney-conscious meal planning. This printable recipe

TYPE

Batch / Meal-prep

COOK

60 minutes

PHOSPHORUS

0.4% (estimated)

SCORE

85/100

### SHOPPING LIST

## Ingredients

- 2 cups white pasta (cooked and rinsed)
- 1 lb boneless, skinless chicken breast
- 1 cup cauliflower, chopped
- 1 cup green beans, chopped
- 1 tablespoon olive oil

### KIDNEY-FRIENDLY FOCUS

## Why this recipe is different

Chicken with White Pasta, Cauliflower, and Green Beans is a homemade Batch / Meal-prep idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions

### IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

## METHOD

## Step-by-step instructions

1

1. Start by cooking the white pasta according to package instructions. Once cooked, drain and rinse it under cold water. Rinsing helps remove excess starch and lowers phosphorus content, which is beneficial for your dog's kidney health.

2

2. In a large pot, add the boneless, skinless chicken breast. Cover it with water and bring it to a gentle boil. Simmer for about 20 minutes until fully cooked. Gently cooking the chicken helps preserve its high-quality protein, which is important for your dog's needs without overloading his kidneys.

3

3. While the chicken is cooking, steam the chopped cauliflower and green beans until tender, approximately 5-7 minutes. Steaming is a gentle cooking method that maintains nutrients while ensuring lower phosphorus absorption.

4

4. Once the chicken is cooked, remove it from the pot, let it cool slightly, and chop it into small, bite-sized pieces. This portioning makes it easier for your dog to eat and digest.

5

5. In a large mixing bowl, combine the cooked pasta, chopped chicken, steamed cauliflower, and green beans. Drizzle with olive oil to add healthy fats, which can support overall health, and mix well until evenly combined.

6

6. Allow the mixture to cool before serving to your dog. It's important to let the food cool to prevent burns and to maintain palatability.

### KEY NUTRIENT ESTIMATES

Phosphorus

**0.4% (estimated)**

Sodium

**0.05% (estimated)**

Protein

**20% (estimated)**

Kidney-Friendly Score

**85/100**

**SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN**

- omega-3/fish oil
- calcium source
- B-complex

**VETERINARY SAFETY NOTE**

Please confirm with your veterinarian, ideally a board-certified veterinary nutritionist DACVN, before feeding this recipe to your dog. Transition gradually to monitor his response to the new diet.

**PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AI****[KidneyDogDiet.com](https://KidneyDogDiet.com)**