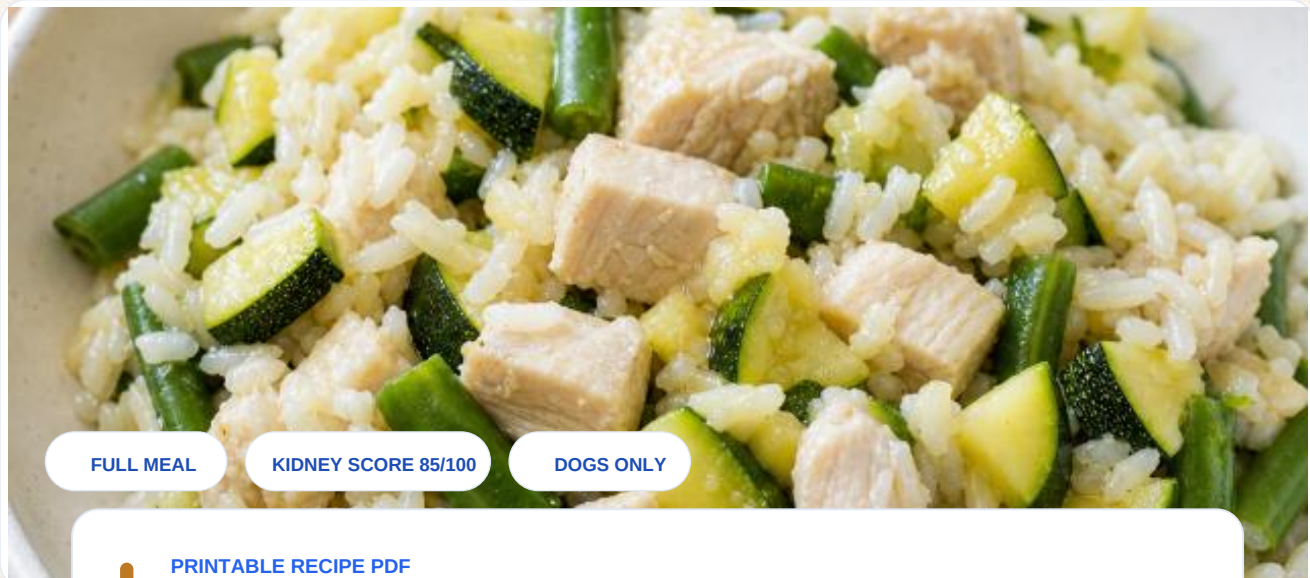




FULL MEAL

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Chicken with White Rice, Zucchini, and Green Beans

Chicken with White Rice, Zucchini, and Green Beans is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the

TYPE

Full Meal

COOK

30 minutes

PHOSPHORUS

approximately 150 mg

SCORE

85/100

SHOPPING LIST

Ingredients

- 2 cups cooked white rice
- 1 cup skinless, boneless chicken breast
- 1 cup zucchini, diced
- 1 cup green beans, chopped
- 1 tablespoon olive oil (for omega-3 support)

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Chicken with White Rice, Zucchini, and Green Beans is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

Start by cooking the white rice according to package instructions. Use water as the cooking liquid to avoid added sodium. This will serve as a good carbohydrate base for your dog, providing energy without excess phosphorus.

2

While the rice is cooking, heat the olive oil in a non-stick skillet over medium heat. Olive oil is a source of healthy fats and can help add palatability to the meal, which is important for dogs with reduced appetite or kidney concerns.

3

Add the chicken breast to the skillet and cook for about 10-15 minutes until fully cooked through, ensuring it reaches an internal temperature of 165°F. Cooking the chicken gently preserves its quality and makes it easier to digest, which is important for kidney health.

4

Once the chicken is cooked, remove it from the skillet and allow it to cool slightly before cutting it into small, bite-sized pieces. This helps your dog eat safely and comfortably.

5

In the same skillet, add the diced zucchini and chopped green beans. Sauté them for about 5-7 minutes until they are tender. Cooking vegetables like zucchini and green beans gently can help enhance their palatability and make them easier on the kidneys.

6

Combine the cooked chicken, sautéed vegetables, and cooked rice in a large bowl. Mix everything together well to ensure an even distribution of ingredients, which helps with nutrient absorption.

7

Allow the mixture to cool before serving it to your dog. This is crucial to prevent burns and makes the meal more appetizing.

KEY NUTRIENT ESTIMATES

Phosphorus

approximately 150 mg

Sodium

approximately 50 mg

Protein

approximately 25 g

Kidney-Friendly Score

85/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- calcium source
- omega-3/fish oil
- B-complex

VETERINARY SAFETY NOTE

Before introducing new homemade meals, please confirm with your veterinarian, ideally a board-certified veterinary nutritionist DACVN. Transition to this diet gradually and monitor your dog for any changes in health or behavior.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AIKidneyDogDiet.com