



TREAT

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Cucumber and Watermelon Frozen Bites

Cucumber and Watermelon Frozen Bites is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list,

TYPE

Treat

COOK

**10 minutes prep,
freeze for...**

PHOSPHORUS

0.15% estimated

SCORE

85/100

SHOPPING LIST

Ingredients

- 1 cup seedless cucumber, peeled and diced
- 1 cup seedless watermelon, diced and pureed
- 1 tablespoon plain yogurt (low-fat, unsweetened)
- 1/2 cup water

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Cucumber and Watermelon Frozen Bites is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and supplements with

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

Start by peeling and dicing the cucumber. This helps make it more digestible and ensures that the skin, which can sometimes be tougher, is removed. Cucumbers are low in phosphorus and high in water content, making them great for hydration.

2

Next, take the watermelon and make sure you use seedless varieties. Dice the watermelon and then puree it in a blender until smooth. Watermelon is refreshing and hydrating, which can be beneficial for dogs with kidney issues.

3

In a mixing bowl, combine the diced cucumber, pureed watermelon, plain yogurt, and water. The yogurt adds a small amount of protein while being gentle on the stomach. The water helps to dilute the mixture, making it easier to freeze into bite-sized pieces.

4

Now, pour the mixture into ice cube trays or silicone molds. This will allow you to create small, manageable portions that can be easily frozen and served as treats.

5

Place the trays in the freezer for about 4 hours or until completely frozen. Freezing the mixture helps preserve its nutrients while providing a cool, refreshing treat for your dog.

6

Once frozen, pop the bites out of the trays and store them in a sealed container in the freezer. This way, you have ready-to-serve treats on hand that are kidney-friendly.

KEY NUTRIENT ESTIMATES

Phosphorus

0.15% estimated

Sodium

0.01% estimated

Protein

0.5g estimated

Kidney-Friendly Score

85/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- omega-3/fish oil
- B-complex

VETERINARY SAFETY NOTE

Always confirm with your vet before introducing new treats. Gradually transition your dog to these frozen bites and monitor his response.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AIKidneyDogDiet.com