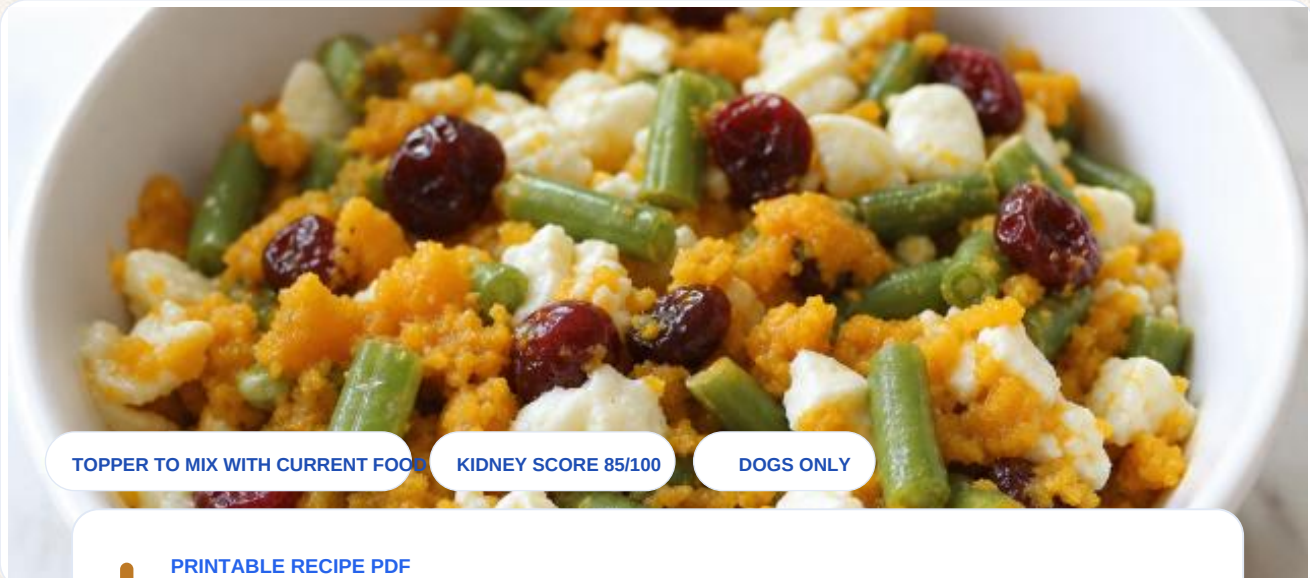




TOPPER TO MIX WITH CURRENT FOOD

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

## Egg White, Pumpkin, Green Bean, and Cranberry Topper

Egg White, Pumpkin, Green Bean, and Cranberry Topper is a homemade Topper To Mix With Current Food idea for dogs needing kidney-conscious meal planning. This printable

TYPE

**Topper To Mix With  
Current...**

COOK

**15 minutes**

PHOSPHORUS

**0.25% estimated**

SCORE

**85/100**

### SHOPPING LIST

## Ingredients

- 2 large egg whites
- 1/2 cup canned pumpkin (unsweetened)
- 1/2 cup green beans (fresh or frozen, chopped)
- 1/4 cup fresh cranberries (or dried cranberries with no added sugar)

### KIDNEY-FRIENDLY FOCUS

## Why this recipe is different

Egg White, Pumpkin, Green Bean, and Cranberry Topper is a homemade Topper To Mix With Current Food idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates;

### IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.



## METHOD

## Step-by-step instructions

1

In a pot, bring water to a gentle boil. This is important as boiling helps to soften the green beans and makes them easier to digest while also retaining their nutrients. Add the chopped green beans and cook for about 5-7 minutes until they are tender but still bright green. This method helps to lower phosphorus levels as well.

2

While the green beans are cooking, whisk the egg whites in a separate bowl until they are frothy. Cooking with just egg whites helps control protein levels without adding excess phosphorus, which is crucial for your dog's kidney health.

3

Once the green beans are done, drain them and rinse under cool water. Rinsing helps to wash away any excess phosphorus that may have leached into the water during cooking.

4

In a non-stick skillet over medium-low heat, add the whisked egg whites. Stir gently until they are fully cooked and set, about 3-5 minutes. Cooking at a lower heat helps preserve the nutrients in the egg whites while making them easy to digest.

5

In a large mixing bowl, combine the cooked green beans, cooked egg whites, canned pumpkin, and cranberries. Stir well to mix all the ingredients together. Pumpkin is rich in fiber which can aid digestion, and cranberries can provide antioxidant benefits.

6

Allow the mixture to cool before serving to your dog. This helps prevent any mouth burns and ensures the food is comfortable for him to eat.

### KEY NUTRIENT ESTIMATES

Phosphorus

**0.25% estimated**

Sodium

**0.05% estimated**

Protein

**15% estimated**

Kidney-Friendly Score

**85/100**



**SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN**

- omega-3/fish oil
- calcium source
- B-complex

**VETERINARY SAFETY NOTE**

Confirm with your vet, ideally a board-certified veterinary nutritionist DACVN, before feeding. Transition slowly to this homemade topper and monitor your dog for any changes.

**PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AI****[KidneyDogDiet.com](https://KidneyDogDiet.com)**