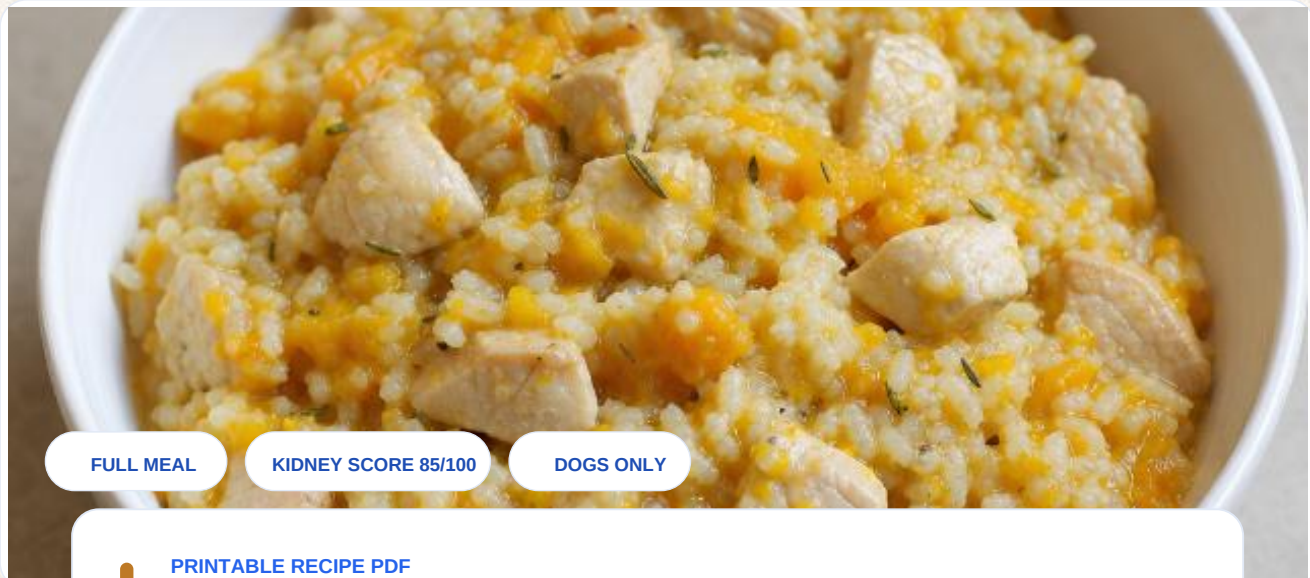




FULL MEAL

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Golden Chicken, Rice & Pumpkin Comfort Bowl

Golden Chicken, Rice & Pumpkin Comfort Bowl is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient

TYPE

Full Meal

COOK

30 minutes

PHOSPHORUS

0.20% (estimated)

SCORE

85/100

SHOPPING LIST

Ingredients

- 2 cups of water
- 1 cup of white rice (rinsed)
- 1 cup of canned pumpkin (unsweetened)
- 1 pound of skinless, boneless chicken breast (chopped into small pieces)
- 1 tablespoon of olive oil
- 1/2 teaspoon of fresh rosemary (optional, for flavor)

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Golden Chicken, Rice & Pumpkin Comfort Bowl is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

In a medium pot, bring 2 cups of water to a boil. This step is important as boiling helps to soften the rice and makes it easier for your dog to digest.

2

Once boiling, add the rinsed rice to the pot. Rinsing the rice before cooking can help reduce any excess starch and ensures a cleaner taste, which is beneficial for a dog with kidney issues.

3

Reduce the heat to low, cover the pot, and let it simmer for about 15 minutes or until the rice is fully cooked and water is absorbed. Cooking it slowly minimizes nutrient loss, which is crucial for maintaining your dog's health.

4

While the rice is cooking, heat the olive oil in a non-stick skillet over medium heat. Olive oil is a good source of healthy fat and provides some calories without overwhelming your dog's kidneys.

5

Add the chopped chicken breast to the skillet. Cook for about 5-7 minutes, stirring occasionally, until the chicken is fully cooked and no longer pink. Cooking the chicken ensures that it's safe for your dog and helps retain its nutrients, which support his overall health.

6

Once the chicken is cooked, add the canned pumpkin to the skillet and stir to combine. Pumpkin is high in fiber and can help with digestive health, making it a great addition for dogs with kidney disease.

7

Finally, mix in the cooked rice and rosemary (if using) into the skillet. Stir everything together until it's evenly mixed. This combination provides a balanced meal that is gentle on the kidneys while still being flavorful for your dog.

8

Allow the mixture to cool before serving it to your dog to prevent any burns. Cooling is essential to ensure it's safe for your dog to eat.

KEY NUTRIENT ESTIMATES

Phosphorus

0.20% (estimated)

Sodium

0.05% (estimated)

Protein

18% (estimated)

Kidney-Friendly Score

85/100**SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN**

- omega-3/fish oil
- B-complex
- calcium source

VETERINARY SAFETY NOTE

AI-generated homemade dog food idea for educational planning only. Confirm ingredients, portions and supplements with your veterinarian before feeding.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AI**KidneyDogDiet.com**