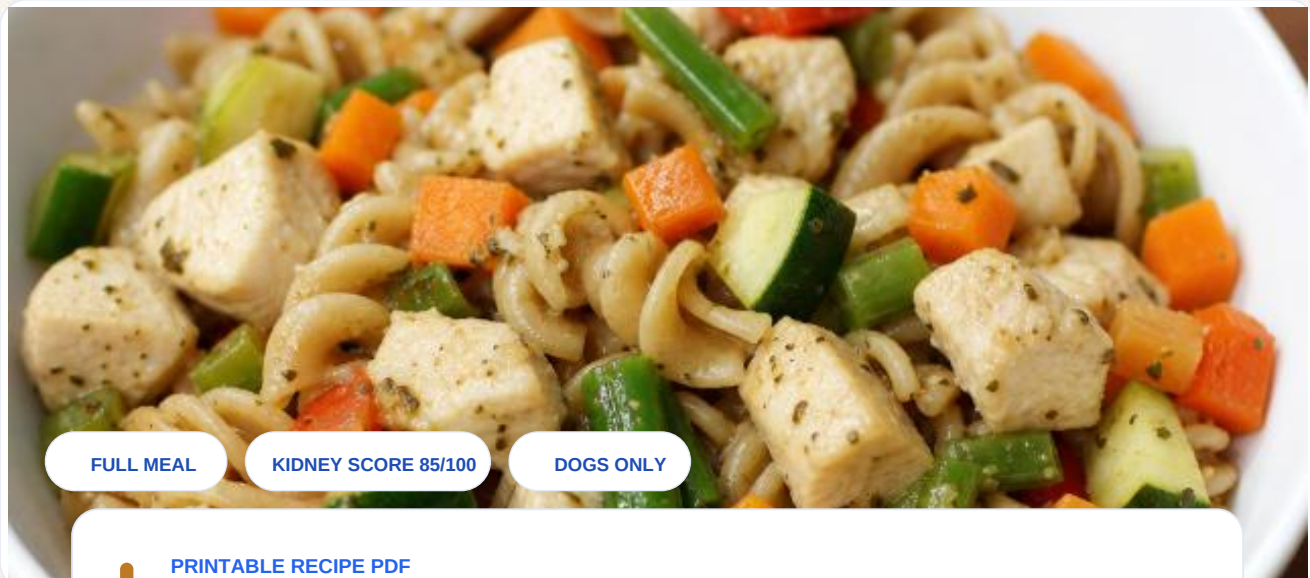




FULL MEAL

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Kidney-Friendly Chicken Primavera Pasta

Kidney-Friendly Chicken Primavera Pasta is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list,

TYPE

Full Meal

COOK

30 minutes

PHOSPHORUS

200 mg

SCORE

85/100

SHOPPING LIST

Ingredients

- 1 cup whole wheat pasta (dry)
- 1 cup skinless, boneless chicken breast, diced
- 1/2 cup zucchini, diced
- 1/2 cup carrots, diced
- 1/2 cup bell pepper, diced
- 1/4 cup green beans, chopped
- 1 tablespoon olive oil
- 1 teaspoon dried basil
- 1/2 cup low-sodium chicken broth (homemade or store-bought)

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Kidney-Friendly Chicken Primavera Pasta is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

1. Start by boiling water in a large pot. Add the whole wheat pasta and cook according to package instructions until al dente. Whole wheat pasta is a good choice because it provides fiber and more nutrients compared to regular pasta, which is beneficial for overall health. Make sure not to overcook it, as we want to maintain its texture and nutrient quality.

2

2. While the pasta is cooking, heat the olive oil in a non-stick skillet over medium heat. The olive oil provides healthy fats that can support your dog's coat and skin health. Add the diced chicken breast, cooking until it is no longer pink. Cooking the chicken gently helps preserve its protein quality, which is important for your dog's kidney health.

3

3. Add the diced zucchini, carrots, bell pepper, and green beans to the skillet with the chicken. Stir well and cook for about 5-7 minutes until the vegetables are tender. These vegetables are low in phosphorus and provide essential vitamins and minerals without putting stress on the kidneys.

4

4. Pour in the low-sodium chicken broth and dried basil, and stir to combine. Let this mixture simmer for an additional 2-3 minutes. The broth adds moisture and flavor to the dish while being low in sodium, aligning with your dog's dietary needs.

5

5. Once the pasta is done, drain it and rinse it under cold water to remove excess starch, which can help in reducing phosphorus levels in the final dish. Combine the pasta with the chicken and vegetable mixture, ensuring everything is well mixed.

6

6. Allow the dish to cool before serving. Portion out your dog's meal based on his weight. For a dog weighing 50 lb, a serving size could be about 1-1.5 cups of the completed dish, depending on his daily caloric needs.

KEY NUTRIENT ESTIMATES

Phosphorus

200 mg

Sodium

50 mg

Protein

30 g

Kidney-Friendly Score

85/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- omega-3/fish oil
- calcium source
- B-complex vitamins

VETERINARY SAFETY NOTE

Please confirm with your vet, ideally a board-certified veterinary nutritionist DACVN, before introducing this recipe into your dog's diet. Transition gradually and monitor him for any adverse reactions.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AIKidneyDogDiet.com