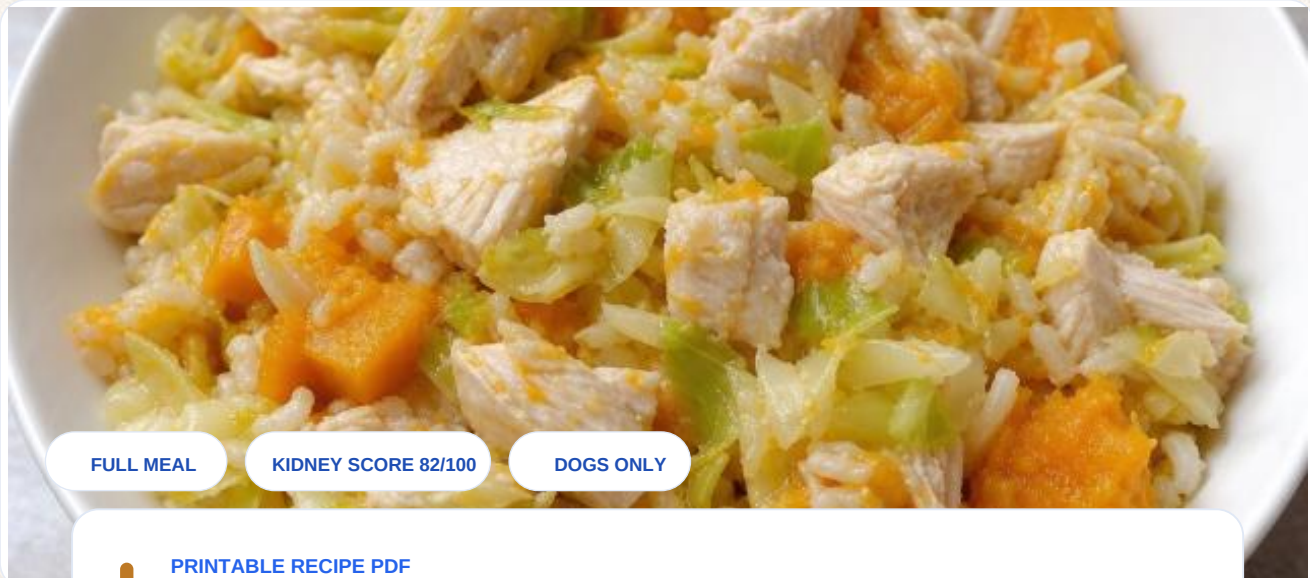




FULL MEAL

KIDNEY SCORE 82/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Kidney-Supportive Chicken with Pumpkin, Cabbage, and White Rice

Kidney-Supportive Chicken with Pumpkin, Cabbage, and White Rice is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe

TYPE

Full Meal

COOK

45 minutes

PHOSPHORUS

0.2% (estimated)

SCORE

82/100

SHOPPING LIST

Ingredients

- 1 lb boneless, skinless chicken breast
- 1 cup canned pumpkin (unsweetened, no additives)
- 1 cup green cabbage, finely chopped
- 1 cup white rice, cooked
- 2 cups water
- 1 tablespoon fish oil (for omega-3)

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Kidney-Supportive Chicken with Pumpkin, Cabbage, and White Rice is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

1. In a large pot, add 2 cups of water and bring to a boil. This is the base for cooking the chicken and helps to keep the ingredients moist, which is important for maintaining nutrient integrity during cooking.

2

2. Add the boneless, skinless chicken breast to the boiling water. Gently boil the chicken for about 20 minutes, or until fully cooked (internal temperature reaches 165°F). Cooking at a lower temperature helps to preserve protein quality and reduce stress on the kidneys.

3

3. Once the chicken is cooked, remove it from the pot and let it cool slightly. Shredding or chopping the chicken into small pieces makes it easier for your dog to eat and digest, which is particularly important given his kidney condition.

4

4. In the same pot, add the finely chopped green cabbage to the remaining water and boil for about 5 minutes. This step softens the cabbage, making it easier for your dog to digest, while also helping to reduce its natural phosphorus content.

5

5. Add the canned pumpkin to the pot with the cabbage and stir to combine. Pumpkin is a good source of fiber and helps with digestive health, which is important for dogs with CKD.

6

6. Finally, add the cooked white rice and shredded chicken back into the pot. Mix everything thoroughly to ensure an even distribution of ingredients. White rice is a low-phosphorus carbohydrate that provides energy without overloading your dog's kidneys.

7

7. Drizzle the fish oil over the mixture and stir well. This adds omega-3 fatty acids, which can help reduce inflammation and support kidney health.

8

8. Allow the mixture to cool completely before serving to your dog. Always check the temperature to avoid burns.

9

9. Portion the meal according to your dog's weight (50 lb). A recommended serving size is approximately 1.5 to 2 cups of the prepared meal per day, split into two meals.

KEY NUTRIENT ESTIMATES

Phosphorus

0.2% (estimated)

Sodium

0.04% (estimated)

Protein

24% (estimated)

Kidney-Friendly Score

82/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- Calcium source
- Omega-3/Fish oil
- B-complex vitamins

VETERINARY SAFETY NOTE

Confirm with your vet - ideally a board-certified veterinary nutritionist DACVN - before feeding.
Transition gradually to avoid digestive upset and monitor your dog's response to the new diet.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AI

KidneyDogDiet.com