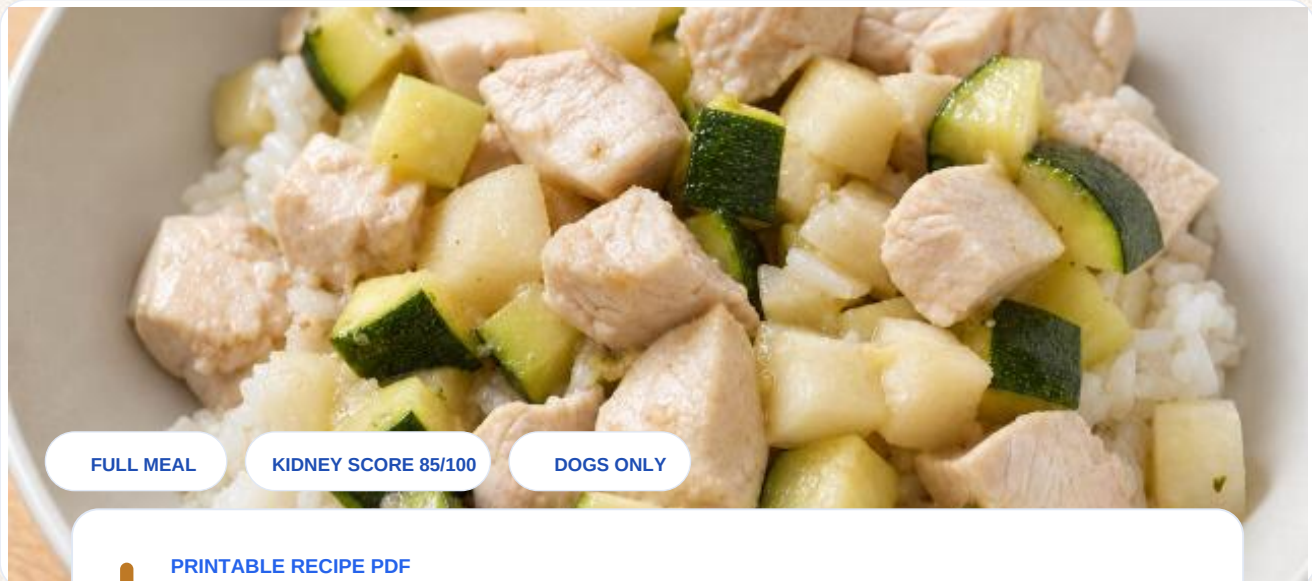




FULL MEAL

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Kidney-Supportive Chicken with White Rice, Pear, and Zucchini

Kidney-Supportive Chicken with White Rice, Pear, and Zucchini is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes

TYPE

Full Meal

COOK

30 minutes

PHOSPHORUS

Approximately 150 mg

SCORE

85/100

SHOPPING LIST

Ingredients

- 1 cup boneless, skinless chicken breast, diced
- 1 cup white rice, cooked
- 1/2 medium pear, peeled and diced
- 1 medium zucchini, diced
- 1 tablespoon olive oil

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Kidney-Supportive Chicken with White Rice, Pear, and Zucchini is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

In a pot, bring water to a boil. This is the first step to cook the rice. Boiling helps in cooking the rice evenly and it will be combined with the other ingredients to create a complete meal for your dog.

2

Add the white rice to the boiling water and cook according to package instructions. Cooking the rice fully ensures that it's soft and easy for your dog to digest, which is important for his kidney health.

3

While the rice is cooking, heat 1 tablespoon of olive oil in a non-stick skillet over medium heat. Olive oil is a healthy fat that can provide beneficial omega-3 fatty acids, which are important for supporting kidney function.

4

Add the diced chicken breast to the skillet and cook until it's completely cooked through, about 7-10 minutes. Cooking the chicken thoroughly is crucial to eliminate harmful bacteria, ensuring your dog's meal is safe and healthy.

5

Add the diced zucchini to the skillet with the chicken and cook for an additional 5 minutes, until the zucchini is tender. Zucchini is low in phosphorus and provides hydration, and gently cooking it preserves its nutrients.

6

Once the rice is cooked, combine it with the chicken and zucchini mixture in the skillet. Stir well to incorporate all ingredients, which helps maximize the nutritional benefits of this meal.

7

Finally, add the diced pear and gently mix everything together. Pear is a kidney-friendly fruit that adds sweetness and moisture to the meal, making it more palatable for your dog.

8

Remove from heat and let the mixture cool before serving. Always allow the food to cool to a safe temperature to prevent burns and ensure your dog enjoys his meal comfortably.

KEY NUTRIENT ESTIMATES

Phosphorus

Approximately 150 mg

Sodium

Approximately 25 mg

Protein

Approximately 30 g

Kidney-Friendly Score

85/100**SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN**

- Calcium source
- Omega-3/fish oil
- B-complex

VETERINARY SAFETY NOTE

Confirm with your vet - ideally a board-certified veterinary nutritionist DACVN - before feeding this recipe. Transition slowly to monitor your dog's response to the new diet.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AI**KidneyDogDiet.com**