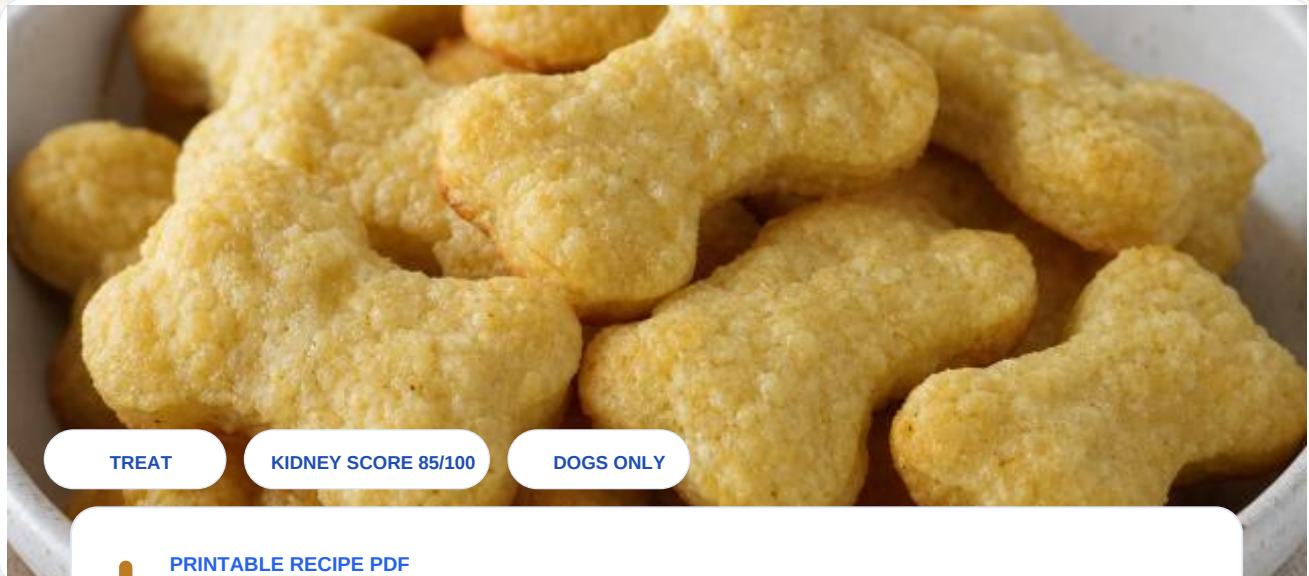




TREAT

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

## Pear and Rice Flour Soft Treats

Pear and Rice Flour Soft Treats is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list,

TYPE

Treat

COOK

30 minutes

PHOSPHORUS

0.1% estimate

SCORE

85/100

### SHOPPING LIST

## Ingredients

- 1 cup ripe pear, peeled and pureed
- 1 cup rice flour
- 1 tablespoon coconut oil
- 1 egg

### KIDNEY-FRIENDLY FOCUS

## Why this recipe is different

Pear and Rice Flour Soft Treats is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and supplements with

### IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

## METHOD

## Step-by-step instructions

1

Preheat your oven to 350°F (175°C). This step is important because a consistent temperature ensures that the treats cook evenly and thoroughly, which helps maintain their texture and taste.

2

In a mixing bowl, combine the pear puree, rice flour, coconut oil, and egg. Mix until a dough forms. Pears are kidney-friendly and provide a naturally sweet flavor without added sugars, and rice flour is low in phosphorus, making it a good base for treats.

3

Knead the dough gently on a floured surface for a minute. This helps develop the texture of the treats, ensuring they are soft and chewy, which can be more appealing for dogs with decreased appetite.

4

Roll the dough to about 1/4 inch thick and cut into desired shapes using cookie cutters. Keeping the treats relatively thick helps them maintain moisture during baking, resulting in a softer texture, which is easier for dogs with kidney issues to chew and digest.

5

Place the cutouts on a baking sheet lined with parchment paper. This prevents the treats from sticking and makes cleanup easier.

6

Bake for about 15-20 minutes until the edges begin to turn golden. Baking gently allows for the natural flavors to develop while avoiding excessive browning, which can create hard textures.

7

Let the treats cool completely before serving. Cooling is essential as it allows the treats to firm up slightly, making them easier to handle and store.

### KEY NUTRIENT ESTIMATES

Phosphorus

**0.1% estimate**

Sodium

**0.02% estimate**

Protein

**4% estimate**

Kidney-Friendly Score

**85/100**

**SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN**

- omega-3/fish oil
- B-complex
- calcium source

**VETERINARY SAFETY NOTE**

Always consult with your veterinarian or a veterinary nutritionist before introducing new foods, especially for a dog with chronic kidney disease. Introduce treats gradually and monitor your dog for any adverse reactions.

**PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AI**[KidneyDogDiet.com](https://KidneyDogDiet.com)