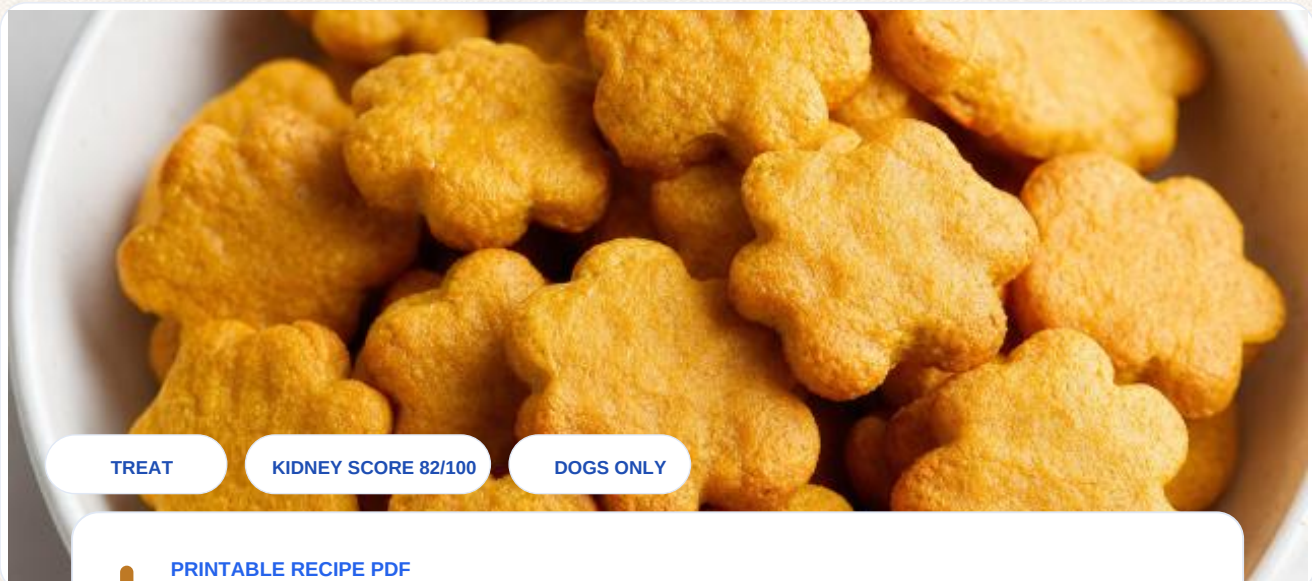




TREAT

KIDNEY SCORE 82/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Pumpkin and Rice Flour Mini Cookies

Pumpkin and Rice Flour Mini Cookies is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list,

TYPE

Treat

COOK

30 minutes

PHOSPHORUS

0.1% estimate

SCORE

82/100

SHOPPING LIST

Ingredients

- 1 cup canned pumpkin (unsweetened)
- 1 cup rice flour
- 1/4 cup water
- 1 egg
- 1/4 cup unsweetened applesauce

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Pumpkin and Rice Flour Mini Cookies is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and supplements with

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

Preheat your oven to 350°F (175°C). This temperature is perfect for baking the cookies gently, which helps maintain the nutrients in the ingredients while ensuring they cook evenly.

2

In a mixing bowl, combine the canned pumpkin, rice flour, water, egg, and unsweetened applesauce. Mixing these ingredients together creates a dough that is easy to shape, while the pumpkin provides moisture and fiber, which are beneficial for kidney health.

3

Stir the mixture until it forms a thick dough. If it's too sticky, you can add a little more rice flour, but be cautious not to exceed the recommended amount. This dough should be manageable for shaping into cookies.

4

Roll the dough out on a lightly floured surface and use cookie cutters to cut out small shapes. Making them small allows for easy portion control, which is important for managing your dog's intake, especially with kidney disease.

5

Place the cut cookies onto a baking sheet lined with parchment paper. Lining the sheet helps prevent sticking and makes cleanup easier.

6

Bake in the preheated oven for about 15-20 minutes or until the cookies are firm and lightly golden. Baking these treats instead of frying helps keep sodium levels low and maintains the integrity of the ingredients.

7

Let the cookies cool completely on a wire rack. Cooling them properly ensures that they harden and become crunchy, which many dogs enjoy as a treat.

KEY NUTRIENT ESTIMATES

Phosphorus

0.1% estimate

Sodium

0.02% estimate

Protein

6% estimate

Kidney-Friendly Score

82/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- omega-3 fatty acids (fish oil)
- B-complex vitamins
- calcium source

VETERINARY SAFETY NOTE

Always consult with your veterinarian or a board-certified veterinary nutritionist DACVN before introducing new treats into your dog's diet. Transition gradually and monitor for any adverse reactions.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AI**KidneyDogDiet.com**