



Silky Egg White and Carrot Pasta

Printable recipe guide

Ingredients and step-by-step preparation in one easy guide

INGREDIENTS

- 1 cup whole wheat pasta (cooked and drained)
- 2 large egg whites (cooked)
- 1 cup finely grated carrots (cooked)
- 1 tablespoon olive oil
- 1/4 cup low-sodium vegetable broth (homemade or store-bought, if compliant)

STEP-BY-STEP PREPARATION

- 1 Cook the whole wheat pasta according to package instructions.
- 2 In a skillet, heat the olive oil over medium heat.
- 3 Add the finely grated carrots to the skillet and sauté for about 5 minutes until tender.
- 4 In a separate bowl, whisk the egg whites until frothy and then add them to the skillet with the carrots.
- 5 Combine the cooked pasta with the carrot and egg white mixture in the skillet, adding low-sodium vegetable broth to moisten if needed.
- 6 Serve warm, ensuring the meal is at a safe temperature for your dog.

NUTRITIONAL AND SUPPLEMENT REVIEW

No laboratory-verified nutrient analysis is provided. Supplement topics: No supplement recommendation is provided.. Ask your veterinarian to select any products and exact amounts.

SAFETY CHECK

Check every ingredient and product label. Do not use onion, garlic, chives, leeks, xylitol, grapes, raisins, chocolate, macadamia nuts or added seasoning. Verify the final portion with your veterinarian before feeding. If accidental ingestion is suspected, contact a veterinarian or animal poison-control service.