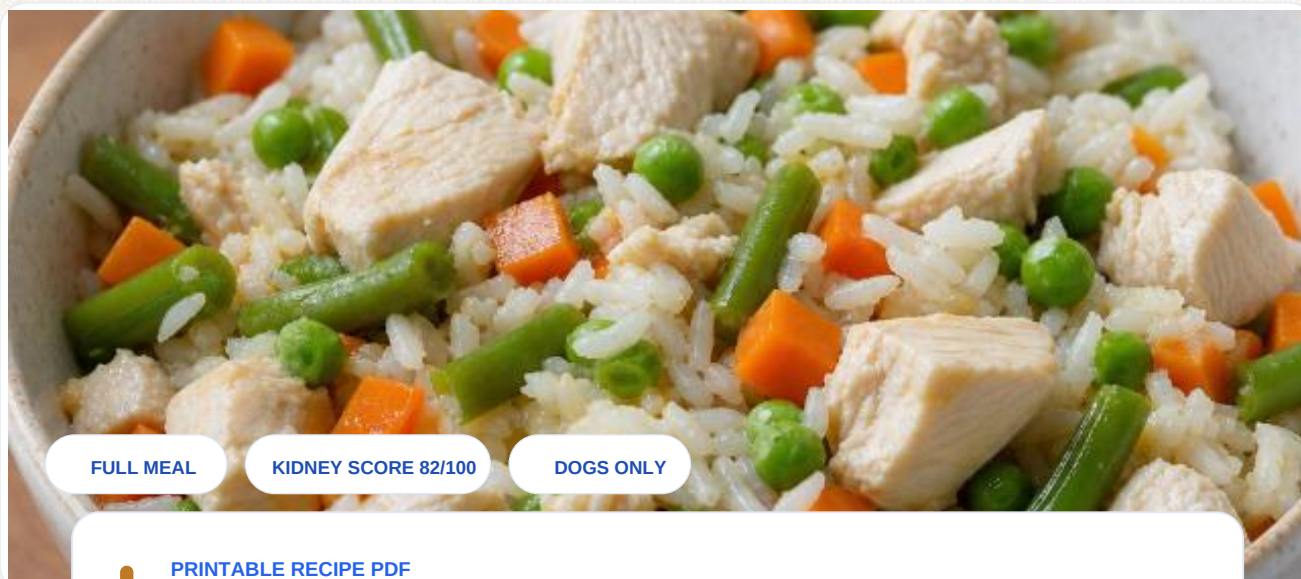




FULL MEAL

KIDNEY SCORE 82/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Tender Chicken Garden Rice Supper

Tender Chicken Garden Rice Supper is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list,

TYPE

Full Meal

COOK

30 minutes

PHOSPHORUS

approximately 0.18%
per ser...

SCORE

82/100

SHOPPING LIST

Ingredients

- 1 cup white rice
- 2 cups low-sodium chicken broth
- 1 pound skinless, boneless chicken breast, diced
- 1 cup carrots, finely chopped
- 1 cup green beans, chopped
- 1 tablespoon fish oil (for omega-3)
- 1/2 cup peas, frozen or fresh

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Tender Chicken Garden Rice Supper is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and supplements with

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

Rinse the rice under cool water until the water runs clear. This helps remove excess starch, which can aid digestion and prevent any unwanted stickiness in the final dish.

2

In a large pot, bring the low-sodium chicken broth to a boil. Using low-sodium broth is vital as it helps to control sodium intake, which is essential for kidney health.

3

Add the rinsed rice to the boiling broth, reduce the heat to low, and cover the pot. Cook for about 15-20 minutes or until the rice is tender. Cooking it gently allows the rice to absorb the nutrients from the broth without becoming mushy.

4

While the rice is cooking, heat a non-stick pan over medium heat. Add the diced chicken breast and cook until it is fully cooked through, about 5-7 minutes. Cooking the chicken separately helps ensure it's properly cooked and reduces the risk of contamination.

5

Once the chicken is cooked, add the finely chopped carrots and chopped green beans to the pan. Cook for an additional 5 minutes until the vegetables are tender. This step ensures that the vegetables retain their vitamins and minerals, which can be beneficial for your dog's overall health.

6

Stir in the peas and cook for another 2-3 minutes, just until they are heated through. Peas are a good source of vitamins and add a nice texture to the meal.

7

Combine the cooked chicken and vegetable mixture with the rice in the pot. Stir well to ensure everything is evenly mixed. This is important for ensuring your dog gets a balanced meal in each bite.

8

Drizzle the fish oil over the mixture and stir to combine. Omega-3 fatty acids can help support kidney health, making this an important addition to the meal.

9

Let the mixture cool before serving it to your dog. This helps prevent burns and ensures that the food is at a comfortable temperature for him to eat.

KEY NUTRIENT ESTIMATES

Phosphorus

approximately 0.18% per serving

Sodium

approximately 0.03% per serving

Protein

approximately 22% per serving

Kidney-Friendly Score

82/100**SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN**

- calcium source
- omega-3/fish oil
- B-complex

VETERINARY SAFETY NOTE

Always confirm with your vet - ideally a board-certified veterinary nutritionist DACVN - before feeding, transition gradually and monitor your dog's response to the new diet.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AI**KidneyDogDiet.com**