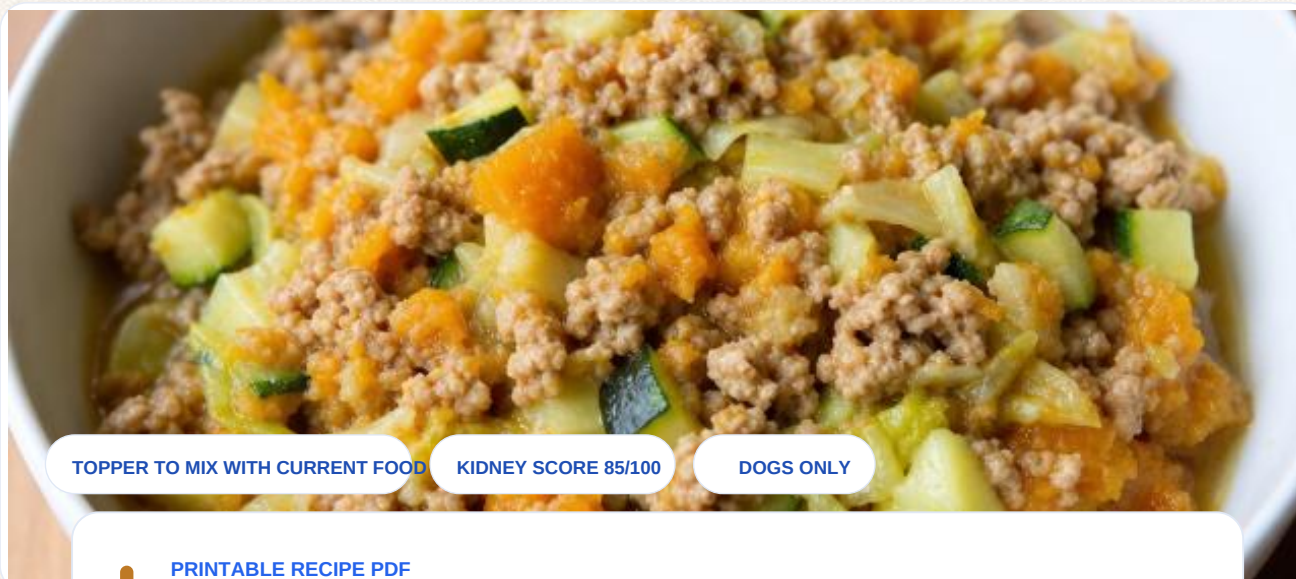




TOPPER TO MIX WITH CURRENT FOOD

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Turkey with Pumpkin, Cabbage, and Zucchini

Turkey with Pumpkin, Cabbage, and Zucchini is a homemade Topper To Mix With Current Food idea for dogs needing kidney-conscious meal planning. This printable recipe

TYPE

**Topper To Mix With
Current...**

COOK

30 minutes

PHOSPHORUS

0.12% (est.)

SCORE

85/100

SHOPPING LIST

Ingredients

- 1 lb ground turkey (lean)
- 1 cup canned pumpkin (unsweetened)
- 1 cup green cabbage, chopped
- 1 cup zucchini, diced
- 2 cups low-sodium chicken broth

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Turkey with Pumpkin, Cabbage, and Zucchini is a homemade Topper To Mix With Current Food idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

In a large skillet, heat the low-sodium chicken broth over medium heat. This helps to add moisture to the dish and prevent sticking while cooking the turkey, which is important for maintaining its tenderness.

2

Add the ground turkey to the skillet and break it apart with a spatula. Cook it thoroughly until it turns white and is no longer pink, which usually takes about 5-7 minutes. Lean turkey is a good protein source that helps support your dog's muscle maintenance without overloading his kidneys with excess phosphorus.

3

Once the turkey is cooked, add the chopped cabbage and diced zucchini to the skillet. Stir everything together and cook for an additional 5-10 minutes until the vegetables are tender. Both cabbage and zucchini are low in phosphorus and provide fiber, which is good for digestive health.

4

Finally, stir in the canned pumpkin and mix well. Cook for another 2-3 minutes until heated through. Pumpkin adds moisture to the meal and is beneficial for digestive health, while being low in phosphorus.

5

Allow the mixture to cool before serving it as a topper on your dog's regular food. Transitioning your dog gradually to this topper will help him adjust to new ingredients and flavors.

KEY NUTRIENT ESTIMATES

Phosphorus

0.12% (est.)

Sodium

0.04% (est.)

Protein

22% (est.)

Kidney-Friendly Score

85/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- omega-3 fatty acids (fish oil)
- B-complex vitamins
- calcium source

VETERINARY SAFETY NOTE

Please confirm with your vet, ideally a board-certified veterinary nutritionist DACVN, before feeding this recipe. Always introduce new foods gradually and monitor your dog's response.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AI**KidneyDogDiet.com**