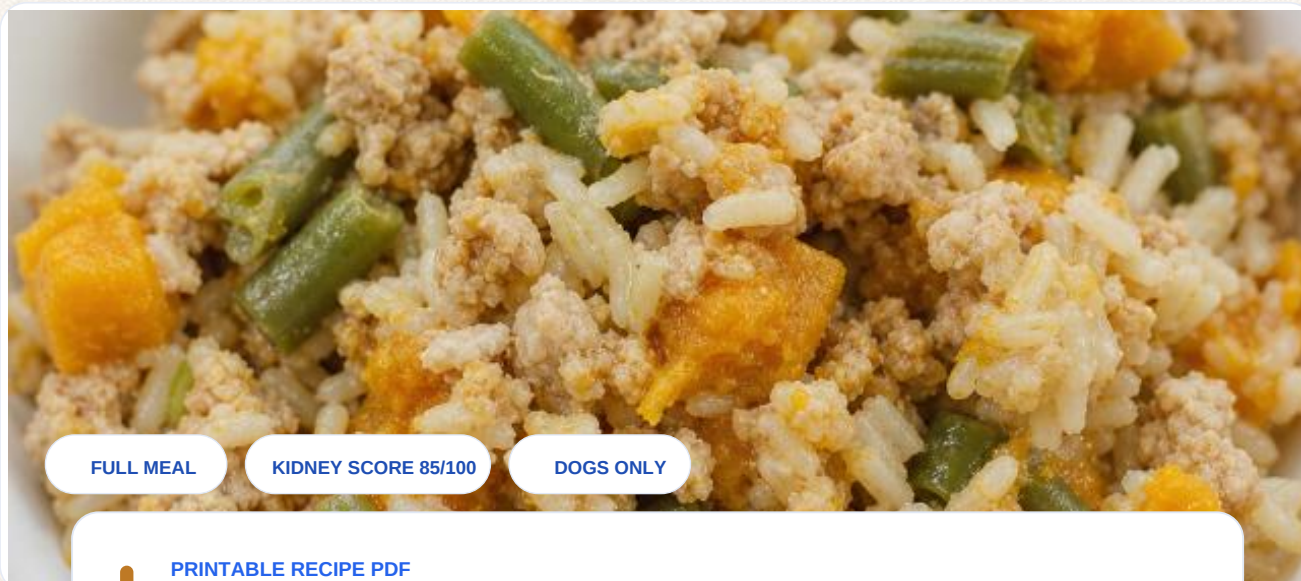




FULL MEAL

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Turkey with Pumpkin, Green Beans, and White Rice

Turkey with Pumpkin, Green Beans, and White Rice is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the

TYPE

Full Meal

COOK

45 minutes

PHOSPHORUS

0.3% (estimated)

SCORE

85/100

SHOPPING LIST

Ingredients

- 1 lb ground turkey (lean)
- 1 cup pumpkin puree (unsweetened)
- 1 cup green beans (fresh or frozen, trimmed and chopped)
- 2 cups white rice (cooked)
- 4 cups water (for cooking)

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Turkey with Pumpkin, Green Beans, and White Rice is a homemade Full Meal idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

1. In a large pot, add the ground turkey and 4 cups of water. Heat over medium-low until the turkey is fully cooked, stirring occasionally. Cooking the turkey gently helps retain its nutrients and keeps the protein quality high, which is beneficial for your dog's kidney health.

2

2. Once the turkey is cooked through, add the chopped green beans and cook for an additional 5-7 minutes until they are tender. Gently cooking the green beans can help make them easier to digest and lower their phosphorus content slightly.

3

3. Stir in the pumpkin puree until well-combined. Pumpkin is low in phosphorus and provides fiber, which can help with your dog's overall digestive health.

4

4. Fold in the cooked white rice until everything is evenly mixed. White rice is a good source of carbohydrates and is easy on the kidneys, providing energy without adding additional phosphorus.

5

5. Allow the mixture to cool completely before serving. Cooling the food will help prevent any burns and ensure it's safe for your dog to eat.

KEY NUTRIENT ESTIMATES

Phosphorus

0.3% (estimated)

Sodium

0.05% (estimated)

Protein

22% (estimated)

Kidney-Friendly Score

85/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- Omega-3/fish oil
- Calcium source
- B-complex

VETERINARY SAFETY NOTE

AI-generated homemade dog food idea for educational planning only. Confirm ingredients, portions and supplements with your veterinarian before feeding.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AIKidneyDogDiet.com