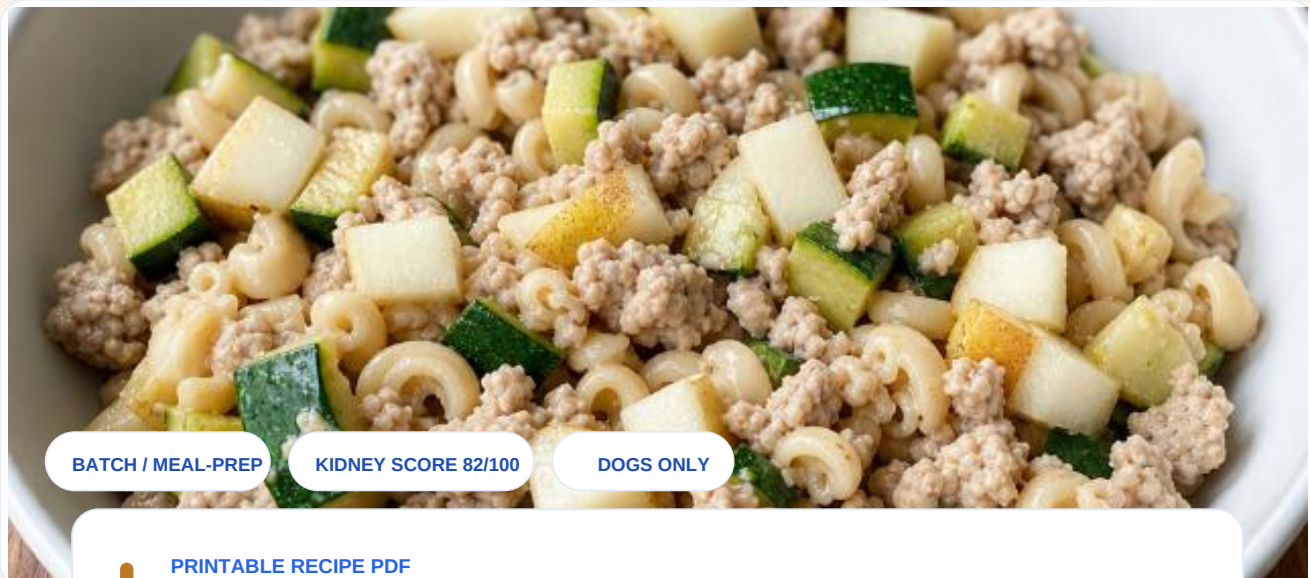




BATCH / MEAL-PREP

KIDNEY SCORE 82/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Turkey with White Pasta, Zucchini, and Pear

Turkey with White Pasta, Zucchini, and Pear is a homemade Batch / Meal-prep idea for dogs needing kidney-conscious meal planning. This printable recipe includes the

TYPE

Batch / Meal-prep

COOK

30 minutes

PHOSPHORUS

0.15% (estimated)

SCORE

82/100

SHOPPING LIST

Ingredients

- 1 lb ground turkey (lean, skinless)
- 1 cup white pasta (cooked and drained)
- 1 medium zucchini (diced)
- 1 medium pear (peeled, cored, and diced)
- 2 tablespoons olive oil
- 1/2 cup water or low-sodium broth (optional, for moisture)

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Turkey with White Pasta, Zucchini, and Pear is a homemade Batch / Meal-prep idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

Heat a large skillet over medium heat, adding 2 tablespoons of olive oil. The oil helps to prevent sticking and adds some healthy fats, which can be beneficial for kidney health when used in moderation.

2

Add the ground turkey to the skillet and cook until browned, breaking it apart with a spatula. Cooking the turkey gently helps preserve its nutrients and makes it easier for your dog to digest.

3

Once the turkey is cooked, add the diced zucchini to the skillet and stir. Cook for about 5 minutes until the zucchini is tender. Zucchini is low in phosphorus and provides hydration, which is crucial for kidney health.

4

In a separate pot, cook the white pasta according to package instructions until al dente. Drain and rinse the pasta under cool water to remove excess starch, which helps reduce the phosphorus content.

5

Combine the cooked turkey, zucchini, and pasta in the skillet. If the mixture looks dry, add a small amount of water or low-sodium broth to moisten it. It's important to keep the food palatable for your dog, especially if he has a low appetite.

6

Lastly, gently fold in the diced pear. Pears are a low-phosphorus fruit that adds natural sweetness and can entice your dog to eat.

7

Allow the mixture to cool completely before serving. This is important to prevent burns and ensure food is safe for your dog's consumption.

KEY NUTRIENT ESTIMATES

Phosphorus

0.15% (estimated)

Sodium

0.04% (estimated)

Protein

18% (estimated)

Kidney-Friendly Score

82/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- omega-3/fish oil
- calcium source
- B-complex

VETERINARY SAFETY NOTE

Please confirm with your veterinarian, ideally a board-certified veterinary nutritionist DACVN, before feeding this recipe. Always transition gradually to new foods and monitor your dog for any adverse reactions.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AIKidneyDogDiet.com