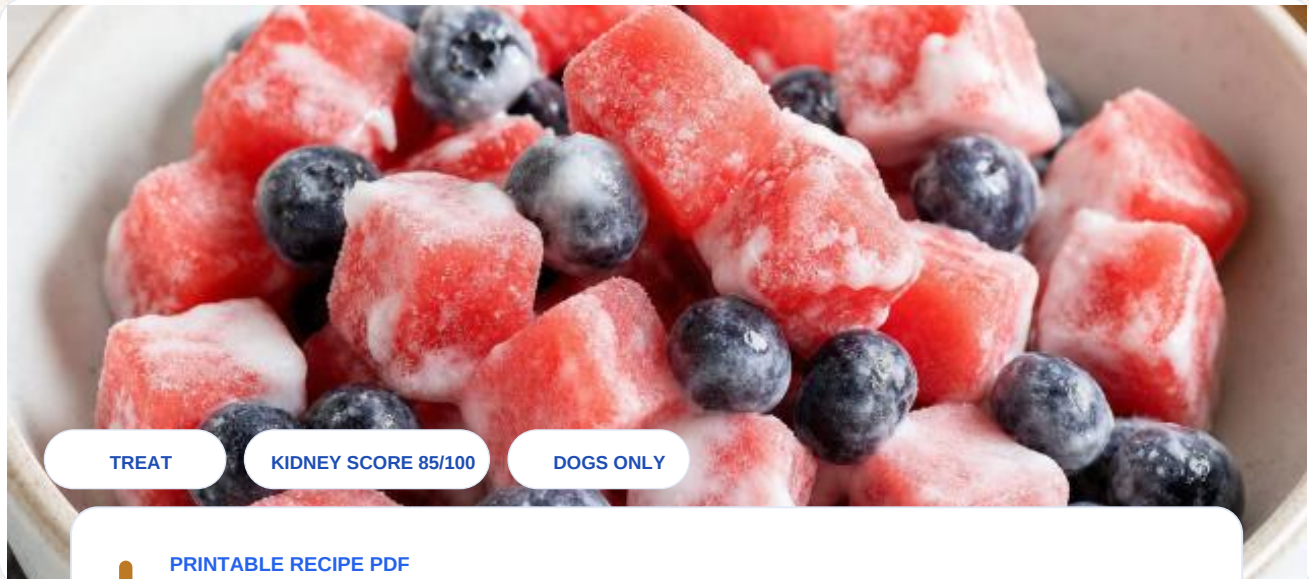




TREAT

KIDNEY SCORE 85/100

DOGS ONLY

[PRINTABLE RECIPE PDF](#)

Watermelon and Blueberry Frozen Bites

Watermelon and Blueberry Frozen Bites is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list,

TYPE

Treat

COOK

10 minutes plus
freezing ti...

PHOSPHORUS

0.2g

SCORE

85/100

SHOPPING LIST

Ingredients

- 2 cups seedless watermelon, cubed
- 1 cup blueberries, fresh or frozen
- 1 tablespoon plain yogurt (unsweetened, low-fat)
- Optional: 1 teaspoon fish oil (for omega-3)

KIDNEY-FRIENDLY FOCUS

Why this recipe is different

Watermelon and Blueberry Frozen Bites is a homemade Treat idea for dogs needing kidney-conscious meal planning. This printable recipe includes the ingredient list, step-by-step preparation, kidney-focused nutrient estimates and veterinary safety guidance. Nutrient values are estimates; confirm ingredients, portions and supplements with

IMPORTANT

This is an AI-generated educational recipe idea, not veterinary advice or a complete prescription diet. Confirm ingredients, portions and supplements with your veterinarian before feeding.

METHOD

Step-by-step instructions

1

Start by preparing the watermelon. Cut 2 cups of seedless watermelon into cubes. Watermelon is hydrating and low in phosphorus, making it a suitable fruit for dogs with kidney disease. Removing seeds ensures that the treat is safe.

2

Next, measure out 1 cup of blueberries. Blueberries are packed with antioxidants and are also low in phosphorus, adding flavor and nutrition to the bites. If using frozen, make sure they are unsweetened.

3

In a blender or food processor, combine the watermelon cubes and blueberries. Blend until smooth. This process creates a puree that will be easy for your dog to eat and digest. The gentle blending helps preserve the nutrients beneficial for kidney health.

4

If desired, add 1 tablespoon of plain yogurt and 1 teaspoon of fish oil to the mixture. Yogurt can be a source of probiotics and beneficial for digestion, while fish oil adds omega-3 fatty acids which may help reduce inflammation and support kidney health.

5

Blend once more until all ingredients are well combined. The yogurt should be fully incorporated to maintain a creamy texture.

6

Pour the mixture into silicone molds or ice cube trays. This allows for easy portioning and fun shapes that can make the treat engaging for your dog.

7

Place the filled molds or trays in the freezer. Allow at least 3-4 hours for the bites to firm up completely. Freezing concentrates the flavors and creates a refreshing treat that can also help cool your dog off on warm days.

8

Once frozen, pop the bites out of the molds and store them in an airtight container in the freezer for up to two weeks. This helps maintain freshness and prevents freezer burn.

KEY NUTRIENT ESTIMATES

Phosphorus

0.2g

Sodium

0.5mg

Protein

1.5g

Kidney-Friendly Score

85/100

SUPPLEMENTS TO DISCUSS WITH YOUR VETERINARIAN

- omega-3/fish oil
- calcium source

VETERINARY SAFETY NOTE

Always confirm with your vet before introducing new treats into your dog's diet, especially with his kidney condition. Gradually transition to the new treats and monitor for any adverse reactions.

PERSONALIZED KIDNEY-FRIENDLY RECIPES POWERED BY AI

KidneyDogDiet.com